

# Variability of Red Supergiants in M31 from the Palomar Transient Factory

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## Abstract

© 2018. The American Astronomical Society. All rights reserved.. Most massive stars end their lives as red supergiants (RSGs), a short-lived evolutionary phase when they are known to pulsate with varying amplitudes. The RSG period-luminosity (PL) relation has been measured in the Milky Way, the Magellanic Clouds and M33 for about 120 stars in total. Using over 1500 epochs of R-band monitoring from the Palomar Transient Factory survey over a five-year period, we study the variability of 255 spectroscopically cataloged RSGs in M31. We find that all RSGs brighter than  $M_K \approx -10$  mag ( $\log(L/L_\odot) > 4.8$ ) are variable at  $\Delta m_R > 0.05$  mag. Our period analysis finds 63 with significant pulsation periods. Using the periods found and the known values of  $M_K$  for these stars, we derive the RSG PL relation in M31 and show that it is consistent with those derived earlier in other galaxies of different metallicities. We also detect, for the first time, a sequence of likely first-overtone pulsations. Comparison to stellar evolution models from MESA confirms the first-overtone hypothesis and indicates that the variable stars in this sample have 12 Mo